



Nanny Robina



*Well-known as the bubbly parenting expert on hit Canadian TV programs like **The Mom Show**, **CityLine**, **Entertainment Tonight Canada**, and **Breakthrough with Tony Robbins** (NBC), Nanny Robina's tips and techniques have inspired parents around the world. Originally from the U.K., she has positively impacted the lives of families in the Middle East, the U.S., and in Europe, prior to making Canada her new home in 1999.*

Nanny Robina's natural compassion and empathetic qualities also lend well to her charitable contributions. As a notable personality in North America today, she has helped to raise funds for international disaster relief efforts, children's charities, and free workshops conducted for young mothers under the age of 25.

Her genuine love of children and international travel has shaped her solution-based expertise, helping parents with hot button issues like discipline, manners, play time, meal time, and sleep time. In fact, she has a 95% success rate with her strategy for putting babies to sleep—a skill that is in demand everywhere. But it is her mission to raise happy, healthy, and secure children that attracts parents to her parenting workshops, one-on-one consultations, speaking engagements, blogging and writing.

Teaching and training children is her passion. And she makes parenting fun, fearless, and full of valuable lessons. A Nanny and Governess for over 30 years, Robina Uddin is in demand for her no-nonsense approach to raising children. She combines warmth, humour, simple strategies, and her empathetic style, making her the ultimate Nanny personality in Canada today.

Nanny Robina's genuine smile, uplifting spirit, and larger than life personality is highlighted by her signature British accent. Her straight talking advice and proven tools are based on clear, simple, and accredited strategies for dishing out loving discipline, bringing balance to the home, and creating a peaceful and playful environment for children.

- Parenting workshops
- One-on-one consultations
- Speaking engagements
- Professional blogging/writing



Journey of a professional

Born in Birmingham, England to a British mother and a Pakistani father, Nanny Robina was the seventh of nine children: three sisters and five brothers. She was raised with a solid foundation to respect all faiths and cultures and grew up in a very strict and disciplined family environment.

Robina was a typically happy child and a somewhat challenging teenager with a mind of her own—a foreshadowing of early adulthood when she became a little more of a risk taker. She created an independent life by being the first one in the family to travel and move away from home. After graduating from high school, Robina studied nursing at Christadelphian Nursing Association while earning money babysitting. She later studied hotel catering at Garretts Green Technical College in Birmingham but instead found her professional calling in childcare studies at the same school, graduating in 1982. Childcare became her passion. After all, her caregiving skills were honed at a very young age when she helped to care for her siblings.

“I was raised without a stay-at-home mom,” says Nanny Robina. “She had to work and I really felt this growing up. So I made it my mission to be a caregiver and fill that empty gap with love and fun for kids when their moms had to work.”

Equipped with several professional certificates: NNEB (National Nursery Examination Board) in 1982 from Garretts Green Technical College; MNT (Maternity and Nanny Training) for infant care in 1985 from South Birmingham College Hall Green; and Business for Women Entrepreneurs in 2003 from the Aurora Women’s Centre, Robina put her childcare passions to work.

In August 2005, Nanny Robina took her mother’s work ethic, her own patience and perseverance, and her love of children, and started her own business—The UK Nanny Network. She has since been a nanny for families locally and internationally, most notably for Lord and Lady Dugdale in the U.K. and the Prime Minister of Lebanon.

“My job depends on being a people person and adapting to many different cultures and personalities,” says Nanny Robina.

“A good attitude is a must and I use simple terms and a language that parents understand. Parenting should not be complex.”

As a professional speaker and soon-to-be author, Nanny Robina continues to share her trade secrets and many years of professional childcare experience with parents at a community and corporate level. Her Lunch and Learn sessions offer companies a chance to provide their employees with a support structure for balancing work life and parenthood—a program that also helps to enhance employee engagement and loyalty.



Robina's Expertise & Way of Life

A self-proclaimed “open book,” Nanny Robina’s expertise is honest, raw, and guided by her personal philosophy to “enjoy parenting, but stay true to yourself as a parent.” Whether a child is feeling isolated because of a new sibling, or a parent is overwhelmed, Nanny Robina offers advice that is appreciated and recognized by all who enlist her help.

“My work gives me great satisfaction and I love to see parents enjoy parenting as much as they enjoy their work.”

“I want to teach parents how to give their children the tools to manage their own lives, tasks, needs, and goals.”

Nanny Robina stays on top of her industry and expertise by reading and interacting with parents on social networks, personally replying to many email queries. According to her partner of eight years, and main motivating force, Frank Khafaji, Robina’s “caring, passionate, down-to-earth, and funny personality makes her a joy to be around, drawing many to her comforting style.”

So how does Nanny Robina maintain work life balance? She unwinds in her favourite chocolate brown leather chair with a nice glass of Merlot and a good book (*Memoirs of a Geisha*). Also passionate about travel and cooking, Robina puts life-enhancing foods into her daily diet and loves to entertain friends and family. It is her joie de vivre that seamlessly brings her personal and professional lives together, believing that “there are second chances in life.”



“Parenting is the hardest job in the world. It doesn’t come with a manual and it doesn’t come easy. I will teach you how to enjoy and embrace your children even with multiple challenges.”

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